

Blind Dating (Making it work!)

Going on blind dates is becoming a more common and acceptable activity today. Although more people have experimented with blind dating, not many actually see this as a means for their quest for true love.

Being in this industry, we have witnessed many promising blind dates that did not work for all the strangest or smallest of reasons. Both sides may well be attractive people that are well suited to each other. Then comes the date and wow! Both sides actually hit it off well in the date :) Our hope then starts to swell for the good news. Soon after, they break it to us that they do not think anything will develop :(

"Oh, it is due to "xxx" (small fault)", the reply came back.

The fact may well be if the two of them have met under different circumstances, it is quite possible that they might have tried to be more understanding and take things further, and perhaps even fallen in love. Yet as the above date happened in a blind setting, nothing happened.

The problem is that if one or both parties involved in the blind date have negative expectations even before the date begins, that attitude will influence the outcome of the date or the potential of the match. This negativity could stem from the fact that some are ashamed of the fact that they are going on a blind date. They feel that they should be able to get their own dates without the help of their friends, associates or dating services. As a result, they might not put in the kind of effort that they usually would, which might change the "destiny" of the date. Small mistakes on the other side are highlighted in the mind and focused on as the reason not to take things further.

However, the good news is, you can easily change the dynamics of a blind date by making a conscious choice to change your attitude and trying out the following blind date tips!

Start blind dating with a positive attitude. Attitude is a choice. It is 10% of your circumstances and 90% of how you choose to respond. Going on a blind date is having some faith that your circumstances or your matchmaker is throwing you a chance to meet someone who might be perfect for you. Often when we choose our own dates, we choose people who remind us of other partners we have had in the past. Often, we repeat the same cycles of behavior which leave us hurt and alone. Blind dating allows us to escape from this trap and to try a whole new pattern of romance.

Our best blind date tips boil down to 2 simple but yet critical pieces of advice that makes all the difference in blind dating. Have a positive attitude and keep an open mind.

(1) Having a positive attitude will make you appear fun and attractive to your partner, and can help you have a great date even if there isn't a future for the two of you as romantic partners.

Your positive attitude during the date can also make a fantastic impression. No matter what happens, keep it positive. If you accidentally got a sauce stain on your shirt or dress, make a joke and brush it aside instead. If the waiter makes a mistake and messes up your order, laugh about it. If you can find good things, even in bad situations, you will leave a great impression on your date. People always prefer to be around positive people.

(2) Keeping an open mind is also especially important if you don't immediately fall for your blind date partner. Promise yourself that you will give the relationship a chance by having as much fun with your date as you possibly can.

Mentally prepare for the date by telling yourself that this is just another outing and that whatever happens, meeting new people is always great and refreshing. When you refuse to go on a blind date, you are limiting your options and might miss out on meeting someone really compatible. Manage your own expectations and don't start conjuring up images in your mind of your date.

During the date, keep an open mind, do not evaluate their potential as a romantic partner until the date is over and you have had a chance to get to know each other. Give your date the opportunity to charm you, to make you feel good; to make you fall in love and that special romance may just begin right there!

Good things have come out of blind dates -- if not actual relationships formed, more often than not, you have made a new friend. Be an open-minded and positive dater and a new refreshing world in dating will open up to you.